

Beauty Topics: Acne Skin Care

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Sample of Content:

Many people suffer with the skin condition known as acne or Zits; but things are gradually improving for sufferers. A great deal of effort is going into research for a cure; as a consequence, many of these new treatments are very affective. The type of acne skin care product you might use would come under three general categories:

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Many people suffer with the skin condition known as acne or Zits; but things are gradually improving for sufferers. A great deal of effort is going into research for a cure; as a consequence, many of these new treatments are very affective. The type of acne skin care product you might use would come under three general categories: *Preventive *Those available at a drugstore or over-the-counter *Prescription: Dermatologist or Doctor, specialist cream or ointment Those that fall into the preventative category are based around general skin conditioning to help stop acne from forming; these include cleansers, make-up removers and other similar products that can help prevent the condition. This is a market where many people use this type of product every day to condition their skin; often

used by those who want to prevent future skin problems from occurring. Some of these products are designed to act like an acne skin care product and act against the causes of this complaint; they ensure the facial pores (and other areas) remain free of oil. These products prevent the oil from getting trapped in pores and can hamper the growth of bacteria, this can lead to the bad skin condition. This type of skin care treatment also includes those which exfoliate such as skin peels; there is now a variety of this type of product available over the counter. This type of peel helps reduce the chance of oil clogging up the pores as well as removing other skin impurities; this can reduce the bacterium growth on your skin. The growth of the skin care market has allowed even more specialized acne skin care products to be available without the need to visit the doctor. A bacterium that aids the formation of acne is stopped by creams and cleansers that contain benzoyl peroxide and salicylic acid; these include creams, cleansers and peels that slow down acne formation. Dermatologists recommend any product should have low concentrations of the active ingredient benzoyl peroxide (no more than 5.5 parts per hundred) if there is an adverse reaction; if a reaction occurs, a cleaner or cream containing alpha hydroxy acid should be safe. It is not always possible to find an acne skin care product that works first time; if nothing you use is effective then speak to your dermatologist for advice. On-prescription treatments are prescribed by a dermatologist and can include ointments that can be applied on the affected area or oral antibiotics or just any topical ointment. In more serious cases your skin care specialist may decide that a small surgical procedure can be used to remove the oil and infection from your pores; this is not something you should ever attempt yourself. Another effective course of skin care treatment is hormone therapy; hormonal changes are known to cause acne and such skin care treatments often effective. The end result is dealing with this skin complaint is not the problem it once was, there are now a huge range of products specifically formulated for the task.

Article Source: <http://www.ezinewarehouse.com/>

About the Author:

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